

Articles and References about Progressive Tinnitus Management

<https://hearing.health.mil/For-Providers/Progressive-Tinnitus-Management>

<https://www.ncrar.research.va.gov/ForVets/Index.asp>

Here is reference information for two peer reviewed journal articles showing evidence to support PTM:

- Henry JA, Thielman EJ, Zaugg TL, et al. Telephone-Based Progressive Tinnitus Management for Persons With and Without Traumatic Brain Injury: A Randomized Controlled Trial. *Ear Hear.* 2019;40(2):227-242. doi:10.1097/AUD.0000000000000609
- Henry JA, Thielman EJ, Zaugg TL, et al. Randomized Controlled Trial in Clinical Settings to Evaluate Effectiveness of Coping Skills Education Used With Progressive Tinnitus Management. *J Speech Lang Hear Res.* 2017;60(5):1378-1397. doi:10.1044/2016_JSLHR-H-16-0126
- Beck JE, Zaugg TL, Egge JL, Lima EN, Thielman EJ. Progressive Tinnitus Management at Two Veterans Affairs Medical Centers: Clinical Implementation With Modified Protocols. *Am J Audiol.* 2019;28(1S):162-173. doi:10.1044/2018_AJA-TTR17-18-0040
- Tuepker A, Elnitsky C, Newell S, Zaugg T, Henry JA. A qualitative study of implementation and adaptations to Progressive Tinnitus Management (PTM) delivery. *PLoS One.* 2018;13(5):e0196105. Published 2018 May 16. doi:10.1371/journal.pone.0196105
- Of the four journal articles I sent reference information for, I can provide a PDF of the article for the last one only (it was published in an open access journal—the others were not). Here it is: